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Period 2

AP Literature and Composition

This I Believe

Reflection

The This I Believe Essay was the most interesting assignment. First I had to create a belief statement, and in the essay, I explained my belief statement. The This I Believe essay originated from a radio show called This American Life on NPR. To introduce the assignment, we listened to a few essays online. No matter how many essays I listened to, each one was unique. Some were about personal struggles, and other dealt with opinions on topics. The possibilities and topics for the essay were endless.

To decide on a topic for my essay, I read and listen to many essays online. However, I still was undecided. Then I made a list of all the things that I thought were important to life. From that list I choose the topic I felt the most passionate about. One thing on my list was not eating macaroni and cheese. In the past I have always been teased about not liking one of the most popular children and teen food in America. See macaroni and cheese gave me the idea of using the This I Believe essay to explain my abnormal eating habits. If I were to ever have this assignment again I would pick a different topic. I had a lot fun with the topic I used, but I think another belief would be fun to explain as well.

The best part of this assignment was writing the argument for the belief statement. I enjoyed creating and finding proof that would support my statement. This assignment even added fun to peer editing. Reading the beliefs of others was interesting. Some topics I would not have expected from some of my friends. I learned a lot from this essay not only about myself but also about my peers. I think this assignment was excellent and I would gladly write another This I Believe essay again.